



**Croatia - Kvarner Gulf by Bike and Boat Tour 2018**  
**Individual Self-Guided Cycling Tour**  
**8 days / 7 nights**



Croatiaweek.com

In the turquoise water of the Mediterranean, you sail to the islands of Krk, Rab and Cres in Kvarner Bay. You cycle via hidden paths to remote bays and get to know the historic town centres and harbour cities. On board, cool down with a short jump into the waves and enjoy the rays of the Mediterranean sun on the sun deck. You'll be cycling mostly along paved paths, which when outside of the peak holiday season, are quiet. The route includes some more intense inclines. A certain level of basic fitness is required; if you like you can spend half or whole days on board, swimming, relaxing and sunbathing.

**OK Cycle & Adventure Tours Inc.** - 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9  
[www.okcycletours.com](http://www.okcycletours.com) Toll Free 1-888-621-6818 Local 613-702-5350



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### Itinerary Day to Day

#### **Day 1: Individual arrival in Rijeka, Rijeka - Krk Island 25 km**

Embarkation between 11:00 am and 1pm in Rijeka. You are welcomed by the tour guide with drinks and a snack. In the afternoon your boat takes you to Krk, where you set off on your first bike tour. From Malinska you cycle via Sv. Anton, Nenadići and Vrh to Krk, where you stay the night in the harbor.



#### **Day 2: Krk Island 45 km**

Today begins with a cycle trip inland to Dobrinj and on to Vrbnik. The famous wine "Žlahtina" comes from this region. After lunch, you cycle on towards Baška. The roughly 3 km long and very steep climb is rewarded by a beautiful view. You stay overnight in Baška. If the wind is unfavourable, you will stay the night in Punat, then it's about 35 km by bike.

#### **Day 3: Krk Island - Rab Island 45 km**

You start the day with a boat trip to Lopar in the north of the island of Rab. The bike tour begins here and takes you via Supetarska Draga and Kapor to Rab with its four bell towers. After lunch, you cycle via Barbat and Pudarice to Mišnjak and then back to Rab.



#### **Day 4: Rab Island - Pag Island 35 km**

By boat you sail to Lun at the northern point of the island of Pag, an island full of contradictions: scraggy countryside, lush green meadows, dotted with sheep. In the morning, you go on a bike tour to Novalja and in the afternoon, you cycle via Kolan to Mandre where the boat is waiting for you.

#### **Day 5: Pag Island - Lošinj Island 20 km**

Enjoy the sun and the passing scenery on your four-hour crossing to Mali Lošinj on the island of Lošinj. The bike tour takes you through extensive pine forests round the Čikat bay and through the Sunčana Uvala (sun bay) to Veli Lošinj. It's only a few more kilometres back to Mali Lošinj, where you stay overnight.





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**Day 6: Lošinj Island - Cres Island 45 km**

Today you'll get to know two islands - thanks to the lifting bridge you can bike from Lošinj to Osor on the island of Cres. You continue on via Belej and Stivan on to the bay of Martinšćica. From there, the boat takes you to Cres town, where you stay overnight.

**Day 7: Cres Island - Rijeka 30 km by bike**

The last bike trip on this tour takes you from Cres town to a viewing point at the village of Predošćica. Have a last gaze at this unique countryside before you cycle back to the boat to sail to Rijeka. On the way, enjoy a last hop into the wonderful waves of the Adriatic.

**Day 8: Individual departure**

Disembarkation is after breakfast until 9 am. Then you set off on your individual journey home or get your transfer to the airport.





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### Route



### Technical Characteristics:

**Tour Profile: Easy.** The route mostly follows paved roads which are quiet if you avoid the holidays. The route does involve several relatively steep inclines. You should have a sound level of fitness. If you wish you can spend half or whole days on the ship and go swimming instead of cycling.

**Distance:** 245 km

**Travel Season: MS Planka:** Saturday departures April 28; May 5; May 12; May 19; May 26; June 2; June 9; June 16; June 23; June 30; July 7; August 25; September 1; September 8; September 15; September 22; September 29; October 6, October 13; October 20 and October 27, 2018

**MS Aria:** Saturday departures April 28; May 5; May 12; May 19; May 26; June 2; June 16; September 1; October 6; October 13; October 20 and October 27, 2018

Season A: April 28; May 5; October 13; October 20 and October 27

Season B: May 19; May 26; June 2 and October 6

Season C: June 9; June 16; September 22 and September 29

Season D: June 23; June 30; July 7; September 1; September 8 and September 15

Season E: July 14; July 21; July 28; August 5; August 12; August 19 and August 25



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<b>Price per Person:</b>	<b>MS Planka</b>	<b>MS Aria</b>
Double Occupancy Below Deck	€ 599.00	€ 699.00
Double Occupancy On Deck	€ 669.00	€ 819.00
Additional Fee for Double Cabin for Single Use	50%	50%
Season B Surcharge	€ 100.00	€ 130.00
Season C Surcharge	€ 200.00	€ 230.00
Season D Surcharge	€ 250.00	€ 300.00
Season E Surcharge	€ 280.00	No departures
Child Discount (one cabin with two guests) up to age 13	50%	50%
Bike Rental (7 /24 speed)	€ 60.00	€ 60.00
Electro Bike	€ 160.00	€ 160.00

## **Included:**

- 7 overnight stays on board in double cabins with shower and toilet
- 7x half board (breakfast and depending on the daily programme lunch or dinner)
- Captain's dinner
- Bed linen and towels are available on board (2 small towels per person, bath towels are not provided)
- Guided cycle tours according to the programme
- Guided city tour in Rab
- Pre-travel documents (1x per cabin)
- Map material for cycling tours on board
- Rental helmet (with rental bike), please let us know the guests' hat size
- 7-days service hotline

## **Not Included:**

- Drinks on board
- Visitors' tax and local fees: EUR 21, payable to the captain on site



MS Planka



The MS Planka was built in 1957 and fully renovated in 2005. There is an air-conditioned saloon, a sun deck of about 100 m<sup>2</sup> with 10 deck chairs as well as tables and benches on deck for about 14 people. There are 4 three bed cabins with French beds and a third bed above, 4 double cabins with French beds and 3 double cabins with bunk beds. The portholes in the cabins on the main and upper decks can be opened. There are ventilation shafts for the cabins on the lower deck





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**MS Aria**



The MS Aria was built in 2015/2016 and set sail for the first time in 2016. Its fittings include an air-conditioned saloon, a sun deck of about 250 m<sup>2</sup> with deck chairs, tables, benches and chairs on the roofed main deck. There is a bathing platform with showers at the stern. On the boat there are 2 three bed cabins with two single beds and a third bed above; 6 double cabins with single beds that can be pushed together to form a double bed and 10 double cabins with French beds. The portholes in the cabins on the main and upper deck can be opened. In the cabins on the lower deck is a ventilation system that ensures for fresh air even when the portholes are closed.



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### Bikes

#### **Unisex Bike**



- 7 speed hub gear with back pedal braking function for 24 speed derailleur with rim brake
- Unisex bicycle with a step through frame
- For those over 1.75 meters tall, men's bicycles also available
- Fitted with the most puncture proof tires on the market "Schwalbe Marathon Plus"
- Pannier with handlebar bag, speedometer, lock, pump, extra inner tire tube and puncture repair kit included

#### **Men's Bike**



- 7 speed hub gear with back pedal braking function for 24 speed derailleur with rim brake
- Unisex bicycle with a step through frame
- For those over 1.75 meters tall, men's bicycles also available
- Fitted with the most puncture proof tires on the market "Schwalbe Marathon Plus"
- Pannier with handlebar bag, speedometer, lock, pump, extra inner tire tube and puncture repair kit included

#### **E- Bike**



- For those who would like help from a motor at times along the trip we recommend our "Flyer" E-Bikes from the Swiss company Biketec. These bicycles have received very positive reviews from our customers over the past few years.
- The step through frame and upright seating position combine to ensure that riding these bikes is very enjoyable. The Marathon Plus tires made by Schwalbe ensure a safe ride even during downhill trips or at high speeds.

*Assisting people in realizing their touring dreams worldwide is our passion.*

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**THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT**

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