



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Colombia - Huila Multisport Biking Adventure Tour 2018
Guided
8 days/7 nights



A tour especially created for nature and adventure lovers. Live days filled with different contrasts, colors, smells, flavors, sounds, and climates unparalleled in one of the most beautiful, unexploited, and unexplored regions in Colombia. Live a unique experience with the culture, customs, gastronomy, people, and the landscape of this beautiful department.

Highlights:

- Hot springs, the ideal place to rest, relax, and recover your body and mind
- Ride under the stars in a Tropical Dry Forest - "La Tatacoa Desert"
- Delicious variety of local cuisine



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Itinerary Day to Day

Day 1: Meet in Neiva. Transfer to Hotel and the First Ride

Pickup time: After 1:00 p.m. Distance by bicycle: 15 km (2 hours)

We will go by car to the hotel in Neiva. This afternoon, we will fit the bicycles, see the map of the journey, a technical instruction and then a warm-up ride around Neiva and Palermo Town.



Day 2: La Tatacoa Desert - The Tropical Dry Forest Route

Distance by bicycle: 30 km (3.5 hours) + 14 km (2 hours) at night

Activities: Hiking – 3 km. (Optional)

A unique place in Colombia, the Tatacoa is, without a doubt, the most rugged environment to ride a bicycle, and one of the most beautiful in the country. Nearing 40 degrees during the day, this desert will put anyone's resistance to the test who dares cross it. Its only motivation is its dazzling beauty for those who face this challenge. It's a place filled with magic and stories about the Magdalena River, including paleontology and stories of

beings from other worlds. To finish a day of splendor, we will take a ride under the stars – approximately two hours – cycling in the dark to the Astronomy Observatory to see, up close and personal, the different stars, galaxies, and planets that surround our own.

Day 3: Palermo – The Route to the Reservoir

Distance by bicycle: 47 km (5 hours)

Today, we will ride through the rural area of the Municipality of Palermo, appreciating its extensive agricultural cultivations. This route allows us a panoramic view of the Central Andes Range, the majestic Nevado de Huila, and the planes that surround the city of Neiva. Close to 50 kilometers of unpaved roads will take us to the Municipality of Yaguará, rolling among cattle farms, and cotton and tobacco cultivations. This town is famous for the delicious variety of local cuisine. Located in front of the Betania Reservoir, we'll take advantage of the afternoon to explore its streets and the boardwalk over the reservoir.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995



Day 4: Yaguará – The Mirador Route

Distance by bicycle: 20 km (3 hours)

Activities: Boat trip and Kayaking (Optional)

We'll take advantage of this day to recover with a relaxing 20 kilometer bike ride. Riding through the Yaguará Municipality, between rice cultivations and cattle ranches, we'll arrive at the Alto de la Zeta – a place that allows us to appreciate the greatness of the Betania Reservoir. Early afternoon, you can enjoy a boat trip on the Betania Reservoir to appreciate this amazing mirror of water, and if you want, you can practice kayaking. A day of rest and recovery, all surrounded of a beautiful landscape.

Day 5: Iquira/Tesalia – The Route between Rivers

Distance by bicycle: 48 km (5-6 hours)

Surrounded by the Magdalena, Yaguará and Paez Rivers, this route gives us a glimpse into the great tributaries of the region – a zone filled with life that supplies water and food to the habitants of the Department of Huila. We will ride until we reach the municipality of Tesalia, passing through Iquira. Iquira is known for its characteristically mountainous topography, alternating with valleys, plateaus, hills and small canyons. Arriving at Tesalia, we will visit a cheese factory for a Quesadilla tasting, a delicious local treat that combines traditional cheese with sweet guava.

Day 6: Paicol – Territory Paez Route

Distance by bicycle: 44 km (4 hours)

Activities: Rafting

Another challenging day as we will ride between mountains of coffee cultivations and experience dramatic climatic changes as we ascend from 800 meters above sea level to 1,660 meters above sea level – which are ideal conditions for cultivating Colombia's iconic grain. This will be an exhausting day because of the strenuous ascent. Afterwards, we will begin our descent reaching the banks of the mythical Paez River where we will leave our bicycles to go white water rafting. For two hours, you will experience the thrill of Class II and III rapids until arriving to Paicol where we will return to the hotel and rest after such a demanding, adventurous day.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995



Day 7: Campoalegre/Rivera – The Hot Springs Route
Distance by bicycle: 15 km (1 hour) + 22 km (2.5 hours)
Optional Activities: Canyoning/Rappel

This will be your compensation for 6 days of demanding physical activity. But for the pay off, you've got to gear up for another 6 kilometer prolonged ascent – a tough challenge but definitely not impossible. All this to enjoy a waterfall of approximately 22 meters, a good place for rappelling, and then splitting to the direction towards the Green Municipality of Huila, Rivera. This town has many different hot springs, the ideal place to rest, relax, and recover your body and mind. You've earned it!

Day 8: City Tour in Neiva / Transfer

You have a morning to enjoy the city, live its day-to-day bustle, walk its streets, share with its people, enjoy a specially-prepared coffee, and taste the delicious fruits of our country. We will begin our drive back to the airport or hotel in Neiva at 11:00 a.m.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Route



Technical Characteristics:

Route Profile: Medium-challenging. Activities include Biking, Rafting, Kayaking, Canyoning and Hiking

Distance: 255 km

Travel Dates: Daily arrival between January 2 and December 31, 2017



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Price per Person:

Double Occupancy	\$ 2685.00 USD
Single Supplement	N/A

Accommodation:

Private rooms in small lodgings, village hotels, rural accommodation or traditional farms. Charming, cozy places that allow you to rest with the tranquility that each community provides. All places have typical, regional architecture to appreciate and experience.

Included:

- Accommodation in village hotels or traditional farms - private rooms
- Private transport from Neiva – internal transports
- Outdoor activities: Kayaking, Rafting, Hiking, Canyoning and boat trip
- Luggage transfer
- Pick up and drop off the participants at the hotel or airport of Neiva
- All meals
- Snacks and hydration (water and isotonic drinks)
- Visits to artisan workshops, farms and admission to the above-mentioned natural attractions
- Mountain bike rental: 26", 27.5" or 29" rim, made entirely of aluminum, Shimano® gears and front suspension
- Safety helmet rental
- Technical and safety instruction
- Maps and route profiles
- Tour car accompanying the riders during the entire tour
- Mechanic (for groups of more than 5 people)
- Waterproof layer in case of rain
- Souvenir and digital photos of the activity
- Hotel insurance and taxes
- Insurance for adventure activities/medical assistance card
- Bilingual (Spanish/English) guide specialized in nature and adventure activities

Not Included:

- Air transportation to Neiva City
- Expenses and services not specified in the plan



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Bikes

Bicycles with aluminum frame, front suspension with blocking, Shimano® gears / 9-speed, hydraulic disc brakes. We have 27.5 or 29 wheel/rim and 16", 18", 20" frame size bicycles to make your ride as comfortable as possible regardless of your size or gender, and they also come with an anti-prostatic seat for men and a silicone cover for women.



Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848