



Austria - Forest of Bregenz Hiking Tour 2018
Individual Self-Guided
8 days/7 nights



With its rolling hills and moorlands, the forest of the Bregenz is a treat for eyes and soul. It is no surprise that people from all over the world come here to find rest and relaxation. But not only cozy spa hotels attract guests, the many hiking trails are very popular too. Perfectly developed trails make this region a paradise for pleasure seekers and nature lovers. Enjoy Austrian hospitality and relax in one of our spa hotels in the evening!



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Itinerary

Day 1: Individual arrival in Sulzberg



"Nagelfluh" mountains. Along the Weissbach you hike to Willis. In Oberstaufen you can visit a distillery and experience at firsthand how schnapps is made.

Day 2: Round trip Wildrosenmoos & Trogener Moore 15 km + 690 m - 690 m

You hike from Sulzberg along the Black Brook to the Wildrosenmoos. A wonderful moorland stretches out in front of you. Continue to Vorderschweinhöf, into the nature reserve of Trogener Moore. A very original territory where there is much to see. The last steps of this walk will take you from German soil back to Austria.

Day 3: Round trip Nagelfluhkette & Oberstaufen 22 km + 625 m - 625 m

Today's trail takes you to the waterfall at the Eibelesmühle first. From this plateau, you have a wonderful view of the nearby

Day 4: Sulzberg – Lingenau 18.5 km + 535 m - 855 m

Today your route leads you to your next accommodation. You walk via Krumbach, along the reservoir Bolgenach, through a beautiful landscape, which is dominated by farms. From Rotenberg you follow a forest trail down into the valley. You walk through a bright forest, traversed by numerous forestry and forest root paths, with impressive white fir and red beech trees. Even from afar, you recognize Lingenau.

Day 5: Round trip Drahtstegweg & Rothenberg 21 km + 655 m - 655 m

At the Subersach you cross the wire bridge, a great experience! Then you go on through the district of Mühle bei Egg. From here, you walk along the Bregenzerach, a tributary of Lake Constance, until the trail goes out of the woods again and leads through the villages of Kränzen and Fehren. The Rothenberg Trail leads you just below a summit before walking over the Lingenau Heidach-Tobel back down into the valley to Reuthe.

Day 6: Lingenau – Reuthe 24 km + 810 m - 825 m

From Lingenau you hike around the Stagstattkogel. On this ridge you reach "Hennenbergvorsäss", a heathy high moor: this is a true paradise of various plants and flowers. From Andelsbuch a cable car brings you up to the Lower Alps, where you can enjoy a magnificent panoramic of the Lake Constance. Then the cable car takes you back down to the valley to Bezau and on to Reuthe.





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Day 7: Round trip Mellental 19.1 km + 395 m - 1095 m

You travel by bus to Mellau and by cable car to the hunting lodge on almost 1400 m. The path leads through alpine terrain past the Vorder and Hinterbleichtenalpe and down into a shady valley. Here you can hike along the Mellenbach to a goat alp. Hungry hikers can strengthen themselves with a hearty meal and a glass of milk before hiking back to Mellau.

Day 8: Individual departure or extra days





**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Route



Technical Characteristics

Tour Profile: Easy to moderate hiking. For hikes with an average duration of about 3.5 to 6 hours walking you should bring a good level of fitness. Sometimes the cable cars lead you into alpine terrain. Also with the descents to rivers slip resistance is required.

Total distance: 119.6 km

Travel Season: Departures daily from May 12 to October 14, 2018
Season 1: September 22 – October 14
Season 2: May 12 – June 29 and September 1 – September 21
Season 3: June 30 – August 31



**OK CYCLE &
ADVENTURE
TOURS** SINCE 1995

Prices per person:	Charme Category	Standard Category
Season 1 Double Occupancy B&B	€749.00	€589.00
Season 2 Double Occupancy B&B	€799.00	€625.00
Season 3 Double Occupancy B&B	€825.00	€649.00
Single Supplement	€65.00	€85.00
Surcharge Half Board	€75.00	€135.00
Extra Nights Sulzberg Double Occupancy	€95.00	€45.00
Extra Nights Sulzberg Single Occupancy	€101.00	€58.00
Extra Nights Reuthe Double Occupancy	€135.00	€105.00
Extra Nights Reuthe Single Occupancy	€144.00	€111.00

Accommodation:

Category Charme:

Wellnesshotel Linde 4* Spa with a panoramic view of the mountains: The quiet Wellness Hotel Linde is a perfect starting point for your walking tours. It features an outdoor hot tub and an indoor pool with panoramic views. The hotel's restaurant serves local delicacies. If you book half-board, you will benefit from an additional afternoon snack.

Vitalhotel Quellengarten 3* Enjoy and relax: In this modern townhouse, Austrian hospitality, charming rooms and a heated garden pool with beautiful lawn awaits you. The garden is located on a sunny platform with wonderful views of the nearby Alps. This hotel offers delicious regional cuisine.

Bad Reuthe 4*In Bad Reuthe, the family-run health and wellness hotel offers a lot. The spa area features several pools, saunas and steam baths. This hotel is known especially for treatments with healing moor, which is freshly engraved next to the hotel.

Category Standard: 3*hotels and pensions

Included:

- 7 nights in the chosen category including breakfast
- 3 course dinner if you choose half-board
- Luggage transfer
- Bregenzerwald-Card with numerous inclusive services (a.o. cable car rides)
- 4 x entrance to the wellness area in the stage destinations (daily entry in category charm)
- Well prepared route guidance
- Elaborated travel documents
- Service hotline

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

OK Cycle & Adventure Tours Inc. 666 Kirkwood Ave - Suite B102 – Ottawa, Ontario Canada K1Z 5X9

Toll Free 1-888-621-6818 Local 613-702-5350

TICO Ontario Registration No: 50022848