



Australia – Tasmania Wild West Coast Bike Tour 2018 - 2019
Individual Self – Guided
9 days / 8 nights



The West Coast is very scenic, hilly, sparsely populated and has wonderfully quiet roads. From Launceston we head inland to Cradle Mountain where we overnight at a wilderness lodge. From here it is a long downhill to Strahan on the coast where we have a rest day, and then over King William Pass to Lake St Clair. We finish with a long downhill to our farm stay and back it is back to the attractive city of Hobart, Tasmania's capital.

We visit two National Parks where we will enjoy a close encounter with unique Australian wildlife. You will experience early colonial history and stay at some of the very best lodges in the State.



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Itinerary Day to Day

Day 1: Launceston

We meet at 5.00 pm at the City Park Grand, 22 Tamar Street, Launceston. Your guide will tell you a little about Tasmania and what you can expect to see and do in the days ahead. He will also assist you to unpack your bike or fit you to the rental bike should you not bring your own. Dinner will be at 7.00 pm.



Day 2: Launceston to Silver Ridge (via Sheffield): adv. 106 km

Prospect to Kimberley: int. 73 km

Prospect to Deloraine cas. 44 km

We drive out of Launceston to cycle on quiet roads to the little town of Sheffield, known for its murals. The terrain is flat to gently undulating initially with some short steep climbs approaching Sheffield. We pass by mostly agricultural land and old English type villages with some forest.

Day 3: Sheffield to Cradle Mountain Lodge: cas./int./adv. 45 km

Sheffield to Cradle Mountain Lodge (sag hill): cas. 40 km

Today's short ride includes a tough climb but the reward is magnificent mountain scenery. There will be time in the afternoon to enjoy the beautiful surroundings and take a short walk in the National Park to Dove Lake.

Day 4: Cradle Mountain to Strahan: 160 km

Cradle Mountain to Zeehan: adv. 120 km

Cradle to Henty River (via Lake Plimsoll) int. 100 km

Cradle Mountain to Tullah cas. 60 km (downhill)

We continue through the rugged and isolated mountains of the West Coast. Much of the morning is downhill to Tullah. Leaving Tullah we cross Lake Rosebery and head for Rosebery, with Mt Murchison on the left. The West Coast of Tasmania is rich in minerals and the three main industries are Mining, Tourism and Forestry. Zeehan is rich in history and the museum is well worth a visit. Strahan (pop 640) is a



small fishing town that sits on the Macquarie harbour; it is the terminus of the recently reconstructed West Coast Wilderness Railway.



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Day 5: Strahan. Rest Day

The day is free to experience the attractions of Strahan. Take a train ride on the West Coast Wilderness Railway or experience the Gordon River with Gordon River Cruises, or stroll along Ocean Beach.

**Day 6: Strahan to Lake St Clair: adv. 131 km
Strahan to Lake St Clair: (sag hills) int. 75 km
Strahan to Queenstown: cas. 41 km**

Today's ride is through superb mountain scenery. We stop at Lake Burbury for lunch and pass through the Belson Valley, with the Raglan Range to the right. The Franklin River is one of the country's major white water rafting rivers. After climbing King William Saddle head into the Central Plateau and Derwent Bridge. Stop for a drink at the pub before the last 5 km of gentle climbing.



**Day 7: St Clair to Hamilton adv. 102 km
St Clair to Hamilton (sag hill) int. 86 km
St Clair to Tungtinah Power Station cas. 46 km**

We cycle past several lakes and mountain ranges to the heart of Tasmania's Hydro-Electric Generating Area, until we reach Tungtatinah Power Station Picnic Area by the Nive River. At first we ride through thick highland bush followed by open farming country. There are some climbs but many more descents with an overall descent of about 600m.

**Day 8: Hamilton to Hobart: adv. 98 km
Hamilton to New Norfolk int. 61 km
Hamilton to Bushy Park cas. 42 km**

On our final day of biking we cross the Derwent River on a very attractive quiet road as we bike through Ellendale and Westerway on our way to unch in New Norfolk. From here we drive into the city to relax prior to our farewell dinner.

Day 9: Depart for Home

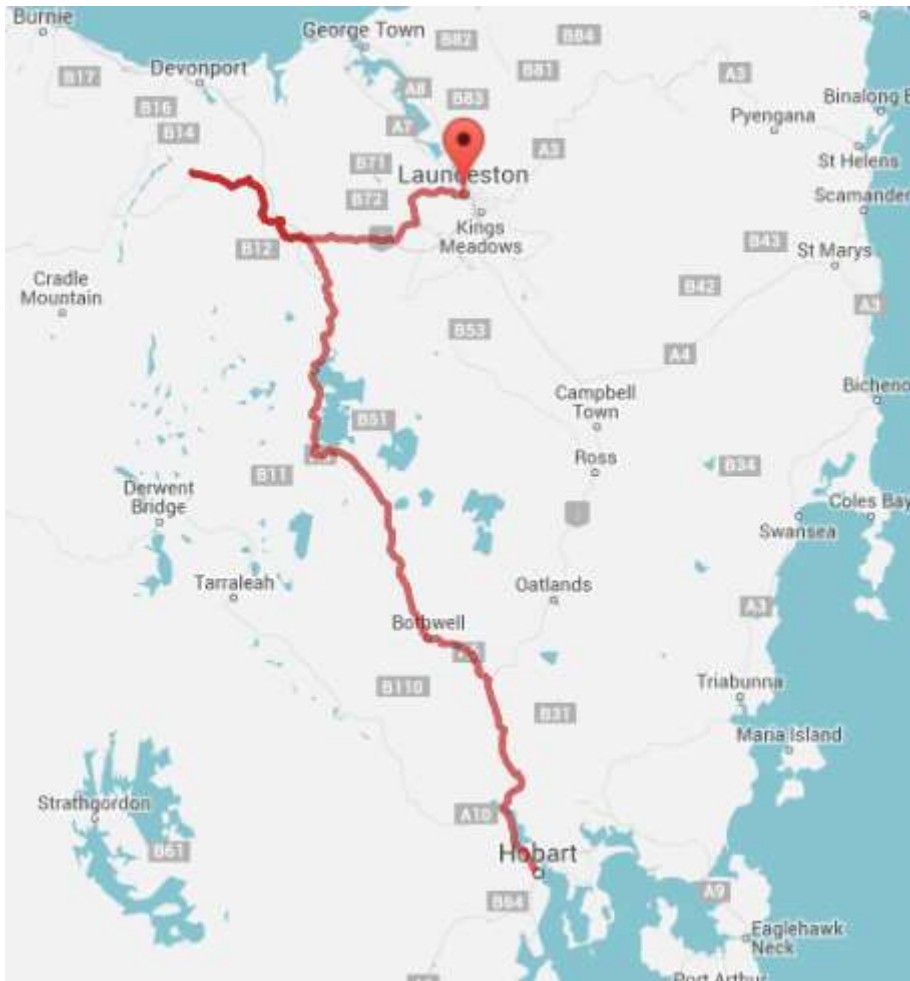
We trust you have had a wonderful holiday, wish you 'bon voyage', happy biking and hope to see you again one day.





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Route



Technical Characteristics:

Tour Profile: Challenging. A reasonable level of fitness is required.

Distance: 273 km – 642 km

Travel Season: Departures for 2018: on request
Departures for 2019: January 13 and February 11



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Price per Person:

Double Occupancy	NZ\$ 3995.00
Supplement Single	NZ\$ 1025.00
Bike Rental - Hybrid	NZ\$ 252.00
Bike Rental - Road	NZ\$ 324.00

*No surcharge if willing to share a room

Accommodation: 3 and 4*. Includes the Lenna in Hobart and luxury wilderness lodge.

Included:

- Mostly 3 and 4 star lodges
- 8 breakfasts, 3 lunches & 7 dinners
- Full minibus support
- Experienced guide/ cycle mechanic
- Souvenir cycle jersey
- Daily route directions and coloured maps with profiles





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Bike Rentals

Hybrid Bike



All bikes are supplied with two drink bottles, a computer and a rack pack that contains a pump, spare inner tube, tyres levers and a repair kit. In the unlikely event of a puncture or mechanical problem, the support van with spares and a floor pump will not be far away.

Trek 7.5 Hybrid / Trekking bike: Frame sizes: 38, 45, 51, 57 cm center/center; Aluminum frame; 27 gears, Shimano Deore/LX equipment; Deore LX hubs and rear derailleur; Gearing: 11- 26 cassette, 26 - 36 - 48 chain rings; Braze-ons Rear carrier, 4 point, Bottle cage on down tube and seat tube; Seat Bolt Allen key; Saddles: Gel. Women's if required; Tires/Tubes Bontrager Race Lite 700 x 32; Brakes V brakes; Carbon forks; Seat Pillar: Carbon; Riser stem, various lengths available; Pedals Steel/alloy with or without toe clips and straps, or SPDs

Road Bike



Trek Domane 2.1 or similar Road Touring bike

Frame sizes: 47, 50, 52, 54, 56, 58, 60 center/center
The smallest size frames are specifically designed for women
Aluminium alloy frame with carbon forks; 20 or 30 gears, Shimano 105 / Tiagra equipped - STI gear levers; Gearing: 13- 30 cassette; Braze-ons: Rear carrier, 4 point; Bottle cage: on down tube and seat tube; Saddles: Gel. Women's if required or we can fit your own saddle; Tires/Tubes: 700 x 28; Brakes: Dual pivot; Seat Pillar Carbon fiber, micro adjusting Bontrager; Handlebar tape Black plastic, cushion type; Riser stem, various lengths available; Pedals Steel/alloy with or without toe clips and straps, or SPDs or we can fit your own pedals

Assisting people in realizing their touring dreams worldwide is our passion.

www.okcycletours.com



THIS IS A PARTNER TOUR FOR MORE INFORMATION CONTACT

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